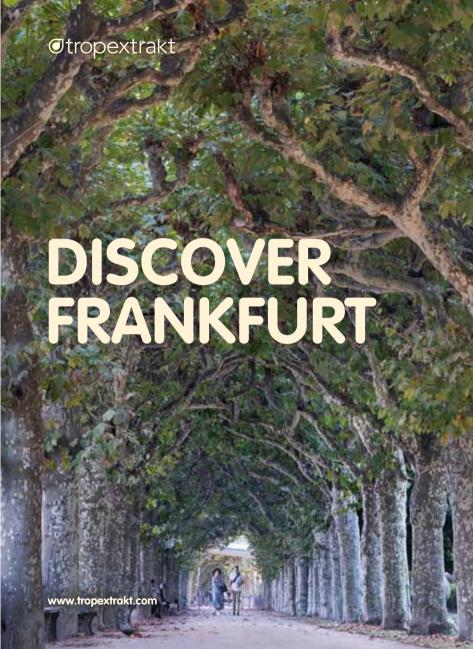


e-mail: info@tropextrakt.com



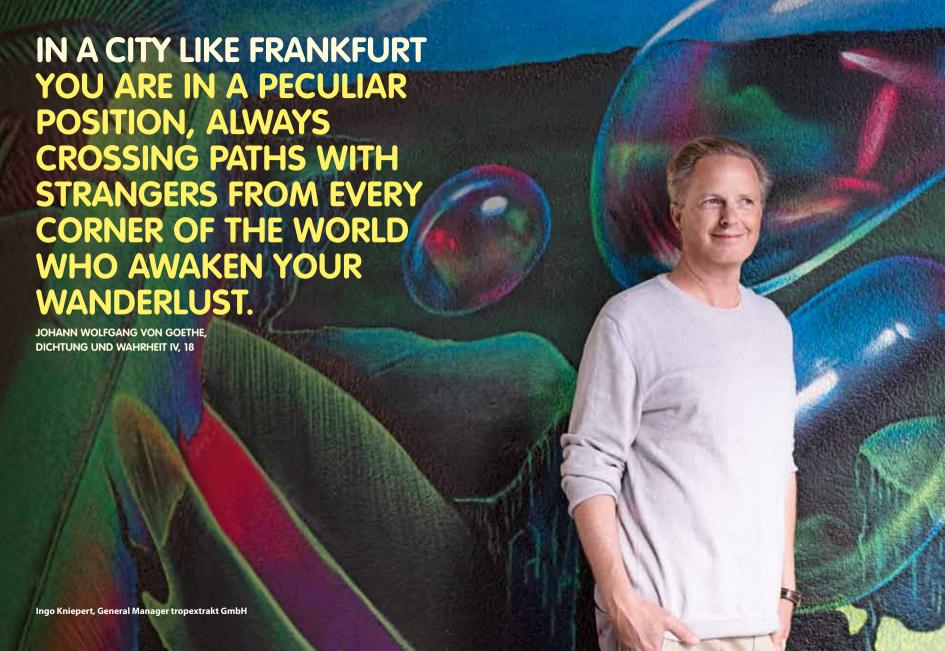
DEAR BUSINESS PARTNERS,

With this travel guide, we invite you to join us in discovering the diversity of Frankfurt am Main. We are connected to the city — this is where we handle your inquiries and deliveries, and it's our point of departure for trips to explore new taste experiences for you in the tropical regions of the world.

That's why we have made "discovering diversity" the theme of this booklet. With special, uncommon tips about art and culture, restaurants, wellness, recreation, bars, cafes, shopping and hotels, we hope to show you the city from many different unexpected angles.

Because we work with suppliers, producers and customers all over the world, we express and experience cultural differences every day — but more than that, we share commonalities. Diversity is an important and exciting value for us. That's true even within our company, where we have employees from Germany, Poland, England, Spain, Romania, Turkey, Mauritius, Panama and Mexico all working side by side, and of course it's also true of our wide range of products. In this booklet, we will be introducing you to some of the members of our team and our innovative products.

Welcome to Frankfurt, and welcome to tropextrakt! Ingo Kniepert



WE ARE NEAR TO THE THINGS THAT ARE FAR AWAY

We supply natural raw materials for exotic specialties to the food and beverages industry as well as to producers of dietary supplements. We specialise in firstclass quality: for more than 18 years, we have focussed on importing raw materials which meet the highest standards. The result is an excellent diversity — see for yourselves with an initial look at our website.

OUR QUALITY MANAGEMENT

The exotic origin of our products mean that particular care is required, especially in regards to the verification and selection of producers. However, we go one decisive step further: to ensure the highest quality, we train producers on the spot and work with them to develop the necessary processes. Our own Quality Management Department monitors all the processes, advises customers and supports them with the necessary documentation. This way, tropextrakt acts like a filter for complexity and potential risks.

ABOUT US

WE MAKE ALL THE DIFFERENCE

You would like to use an exotic ingredient with which you are not yet familiar? The end product is supposed to be exotic, yet adapted to local taste? We will support you with innovative ideas, developed in our in-house application laboratories as we do for a lot of fast-moving startup businesses.





ART & CULTURE LOLA MONTEZ

Lola Montez – A wild, colorful patchwork

Lecture series, film programs, performances, musical events, summer courses and parties — Kunstverein Familie Montez e.V., an art association, knows how to put on an alternative, experimental and entertaining program. A big part of that is Mirek Macke, the exhibition center's bearded manager and dazzling figurehead, who has constantly surrounded himself with exciting new artists over the years and helped the family to keep growing and thriving.

Honselstraße 7, kvfm.de/familie-montez/



MMK

Modern art

Pop Art, object art and installations from 1960 to the present — when it comes to artistic creation, the Museum für Moderne Kunst (Museum of Modern Art) is one of the most important places in Frankfurt. The museum has previously shown works by Andy Warhol, Roy Lichtenstein, Joseph Beuys and Reiner Ruthenbeck. Its standard offerings include tours in English for both children and adults.

Domstraße 10, mmk.art

ATELIER FRANKFURT

Art center for encounters

Atelier Frankfurt, the largest art center in Hesse, is shaped by rotating exhibitions, projects and events that give insight into artists' work processes and facilitate dialogue within the local as well as international art scene. The 11,000 m² former warehouse allows the nonprofit association to provide ateliers for more than 200 artists and creative workers. Fine art, artist talks, discussions and theories are just as important to the facility as culinary arts, music, dance and literature.

Schwedlerstraße 1-5, atelierfrankfurt.de/de

PORTIKUS

Contemporary art in a new old building on the Main River

The Portikus exhibition space takes its name from Frankfurt's old city library, which was largely destroyed in World War II and later, from 1987 to 2003, became well-known as an exhibition hall for contemporary art. In 2003, the location was tapped as the home for the new Literaturhaus center. Christoph Mäckler won the subsequent architectural competition to design the new Portikus, with his design for an external reconstruction of the old city library. The current building is an essential part of the University of Fine Arts Hamburg (HFBK) – Städelschule, As such, it is used for exhibiting, publicizing and discussing rising young artists as well as established artists and their works.

Alte Brücke 2, Maininsel, portikus.de

SAASFEE* PAVILLON

Collectively different

saasfee*pavillon is an art and exhibition center for the saasfee* artists' collective. It sees itself as a platform for art, media, design and music, with a special focus on interdisciplinary projects. As Frankfurt's only collectively run art space, it forms an interface between the established art business and the off-scene, and it initiates exhibition projects that give rising young artists a chance to show their work. The exhibition space's style and aesthetics speak for themselves — the floor-to-ceiling windows offer a view into a sunken garden and the surrounding nature.

Bleichstraße 64-66, saasfeepavillon.de





ART & CULTURE ART & CULTURE



SCHIRN KUNSTHALLE

The present day writ large

For 30 years now, Schirn has offered high-quality programming for the entire family, constantly featuring new perspectives on art and society. More than 250 exhibitions have been held here to date, and works by artists like Wassily Kandinsky, Frida Kahlo and Henri Matisse have been shown in large solo exhibitions. The focus is on topics from art history and cultural history, as well as discourses and trends from the present day — diverse, international and progressive. The Mini-Schirn area is a special offering: while parents view the exhibits, their offspring can explore the fanciful children's

Römerberg, schirn-kunsthalle.de

LACHENMANN ART

A gallery with an international range

The Lachenmann gallery has a compelling industrial feel, with two spacious floors and more than 600 sqm of exhibition space. There are about eleven changing exhibitions each year. For instance, the program might feature painting, photography, drawing and sculpture, installations, performances, video art and concept art. The offerings also include events, tours and artist talks.

Hinter der Schönen Aussicht 9, lachenmann-art.com

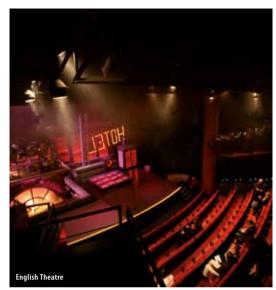


ENGLISH THEATRE

Worth a visit

Visitors can also find cultural diversity in the English Theatre. With a mixture of musicals, dramas and comedies in English, the theater offers up new surprises every season thanks to its varied programs. It consciously describes itself as the "Best of Broadway and London's West End." The actors come from England and other English-speaking countries, and a new cast is chosen for each production.

Kaiserstr. 34, english-theatre.org



STALBURG THEATER

A treasure with its own productions

Stalburg Theater, founded by Michael Herl in 1998, is located in a historic 15th-century building. This treasure of the local cultural scene mainly presents comedy shows, theater and sometimes musical events. What is especially important for the team are their own productions, which now make up nearly 80 percent of the program, with more to come. The theater also includes a restaurant area with bistro tables, a bar and a small selection of dishes.

Glauburgstraße 80, stalburg.de

MUSEUMSUFER (MUSEUM RIVERBANK)

A wide range of cultural offerings, from the Film Museum to Städel

On the Sachsenhäuser side of the Main River, the Museumsufer ("Museum Riverbank") offers numerous museum-going options. The German Film Museum, Museum Angewandte Kunst (museum of applied arts), the Ethnological Museum, the world-famous Städel art museum, the Museum for Communication and many more invite visitors to discover culture all along the Schaumainkai embankment. Held once a year in late August, the Museumsufer Festival has become one of Frankfurt's most important events. Incidentally, the museum park and Main embankment are wonderful spots for a relaxing post-museum break.

kultur-frankfurt.de

ART & CULTURE



KÜNSTLERHAUS MOUSONTURM

Experiments are part of the program

The Künstlerhaus ("Artists' House") is one of Germany's oldest and most important production spaces and venues for free, experimental and innovative theater. With national and international guest appearances, the focus is on the areas of theater and dance, performance and music. Avant-garde is the standard here. For instance, in recent years it has put on various productions by Milo Rau, who is considered one of Europe's most controversial and also exciting directors. In the wake of the coronavirus crisis, Mousonturm developed an innovative concept, using loges to redesign its facilities in a hive-like, pandemic-appropriate way.

Waldschmidtstr. 4, mousonturm.de

THEATER ALTE BRÜCKE

A living room in the coolest neighborhood

Theater Alte Brücke lovingly refers to itself as the smallest off-Broadway theater in the world, offering space for an audience of about 50. Here, modern American authors meet authors from Germany, France and others. It's exciting, dramatic, funny and stirring — but always with the audience in mind. After the show, you can stop by the bar to discuss the piece over a glass of local Äppelwoi (apple wine).

Kleine Brückenstraße 5, theater-alte-bruecke.de

THE FLAVOR NONCONFORMISTS



CALAMANSI

FROM VIFTNAM

- a small, delicate fruit
- reminiscent of mandarin, lime,
 bitter orange and pink grapefruit
- an outstanding, multifaceted flavor profile
- one of the Top Trends named by the Washington Post
 - sweet-sour and refreshing



- intense, complex flavors
- ► floral, but with sour and slightly bitter/spicy notes
- can be processed into exclusive, distinctive products
- in Europe, was long reserved for award-winning chefs
- a product with a well-established culture in Asia



RESTAURANTS

VAIVAI

The Italian blockbuster

Thanks to its combination of urban industrial design and rustic Italian cooking, VAIVAI has quickly become a key player in Frankfurt's gastronomy scene. The restaurant gives off the charm of a quirky film set, and features a well-balanced wine and champagne list with around 200 offerings in addition to its wideranging menu. Divided into three areas — the bar, restaurant and lounge — it offers space for a wide range of events and can also be booked as an event location.

Grüneburgweg 16, vaivai.de/frankfurt



STANLEY

How much is the fish?

Thanks to the coronavirus crisis, Stanley Diamond closed down its operations for six months. It started back up in early September, with a new name (now minus the "Diamond"), interior design, and concept. One of its main products is now freshwater fish from a farm in Giessen. The team hopes this will help them move toward more responsible handling of natural resources. Freshly painted walls and new art by Lottermann & Fuentes round out the culinary experience.

Ottostraße 16-18, stanleydiamond.com

NR.16

Sardinian specialties

There are plenty of Italian restaurants in Frankfurt. Some of them are especially worth recommending, for instance Ristorante Nr. 16 in the Bornheim district. The atmosphere is informal – for example, pasta is served family-style in large bowls for several people. The plates also feature many creative Sardinian dishes, complemented by a wide range of wines.

Löwengasse 27a, ristorante-nr16.de

BAR SHUKA

Middle Eastern food in an atmospheric setting

Fresh-baked pita bread, Jerusalem kebabs cooked over an open flame, za'atar from the mountains, a show kitchen and a little balagan (Hebrew for "chaos") — it all comes together to give Bar Shuka the vibe of a Middle Eastern market. The project is the brainchild of James and David Ardinast, who are constantly enriching Frankfurt's gastronomic map. Located in the 25Hours Hotel, the rooftop terrace turns into a chill lounge in the summer months, offering food, drinks and music.

Niddastraße 56, barshuka.com

AFRICAN QUEEN

Eritrean dishes

Diners at African Queen will encounter African culture and traditional dishes. The restaurant mainly serves dishes from Eritrea, most of them slightly spicy and prepared with plenty of vegetables and a little meat. The food is traditionally served on a large platter, accompanied by flatbread (injera) in place of silverware.

Schlossstraße 113, african-queen-restaurant.de



HEIMAT

Elevated French cooking

Tuna sashimi, Taleggio, beef tenderloin, carefully selected wines — cozy Heimat intentionally keeps the menu down to a manageable size, and the fresh dishes of the day are beautifully composed. Selected cheeses and cured meats as well as vegetarian options round out the culinary offerings. Reservations are strongly recommended due to the limited number of seats. Berliner Straße 70. heimat-frankfurt.com

RESTAURANTS

GOLDMUND

Elevated cottage cooking

Goldmund's chef Daniel Schönberger is passionate about his job. You can see and taste it. He especially values fresh, seasonal ingredients from the region. His creations are detailoriented and can be described as German-French cooking with a modern twist. The sophisticated dishes are served in the glamorous setting of the Literaturhaus, a historic site in the middle of the city.

Schöne Aussicht 2, gold-mund.de



HAMSILOS & SCHENCK'S

For fish lovers

Fish fans visiting Frankfurt definitely need to make a trip to the Bahnhofsviertel neighborhood near the train station. Hamsilos & Schenck's might not win any beauty contests for its practical decor, but the fish dishes they serve are first-class: cod filets, lemon sole, sea bream and much more are always beautifully presented. And the first glass of white wine quickly creates a charming, cozy feeling.

Münchener Straße 28, hamsilos.de

LA CEVI

Creative Peruvian cooking

The story of the Peruvian restaurant La Cevi centers around love. During a trip to Peru, two people met, fell in love, got married, and dreamed of bringing Peru's culinary lifestyle to Germany. In 2016, the dream of opening their own restaurant became a reality. The restaurant became very successful, and has now been forced to move to a larger space thanks to the huge demand. The authentic South American dishes are prepared by Chef Diego. Weberstraße 84. la-cevi.de

BLAUES WASSER

Open-air dining on the Main

Chill out, drink and eat right on the Main River: With its large outdoor area and riverside location on the east side of the city, Blaues Wasser is a godsend for anyone looking to have a nice relaxing time in the summer. Whether it's for dinner or a sunset drink on the riverbank, this is a wonderful spot to relax. A fire almost completely destroyed the outdoor area in the summer of 2020, but reconstruction started immediately and plans are being made for reopening.

Franziusstraße 35, blaueswasser.net



Fun Vietnamese cuisine

With two locations in Frankfurt, Comai offers tempting Vietnamese specialties. The owners describe their style as "modern Viet kitchen." The dishes on the changing menu are freshly prepared and are constantly being reimagined. For instance, they include a traditional spicy pho soup, spring rolls with salad, refined meat dishes and vegan options. For younger guests, there is also a children's menu.

Hanauer Landstraße 130, comai.de



LEUCHTENDROTER

A beacon of vegetarian cooking

Vegetarian and regional — the new restaurant Leuchtendroter, which includes its own in-house bakery, plans to offer unpretentious, hearty and substantial dishes. It is the younger sister of the award-winning Seven Swans restaurant on Mainkai, but with a slightly simpler concept and a lower price point. Leuchtendroter is housed in the recently opened Hotel Lindley Lindenberg. The restaurant is open to all visitors, not just hotel quests — morning, noon and night.

Lindleystraße 17, leuchtendroter.com



THE SHOPPING EXPERIENCE KLEINMARKTHALLE

The whole world in one place

Regional products, fresh fish, international specialties and unusual culinary delicacies — Kleinmarkthalle is full of diverse, high-quality offerings. This classic Frankfurt market is a can't-miss part of every city tour. Even the wonderful smells from all over the world that waft toward you as you walk inside - just delicious! It's a place to fall in love with. Apropos falling in love on Saturdays the shopping center turns into a popular meeting spot that spreads out into the square in front of the hall. It's a great place to relax, enjoy a glass of wine in a convivial atmosphere, and ring in the weekend.

Hasengasse 5-7, kleinmarkthalle.de



OLA WARE

A vintage treasure chest

Old-school sneakers, colorful tracksuits, distinctive jackets, crazy pants and t-shirts from bygone decades at Ola Ware, you can fill up your shopping bag with 100% secondhand fashion. Fans of '80s and '90s looks will find everything they need right here. Dress to impress!

Danziger Platz 1-4, ola-ware.com

FRIDA FRANKFURT

A high-fashion store with avant-garde styles

For more than 10 years, Frida has been one of the best-known addresses for avant-garde fashion in Frankfurt. Functional and decorative details, innovative cuts and fabric combinations, lovingly handcrafted wares and high quality standards have guaranteed the success of their products. In addition to established designer brands like Boris Bidjan Saberi, Rick Owens and Yohji Yamamoto, you can also find young creative labels here.

Bleidenstraße 11, frida-frankfurt.de

THE SHOPPING EXPERIENCE



SAINT CHARLES STORE

Herbal medicine and regional superfood

Just like the original pilot store on Herrengasse in Vienna, the Saint Charles pop-up store in Frankfurt invites visitors to dive into the world of herbal medicine. The shelves feature 300 products from the areas of natural cosmetics, nutritional supplements and aromatherapy. In addition, they offer organic ice cream from the Mainz-based company "N'Eis," fresh herbal juices, organic fair trade coffee from Hoppenworth & Ploch roasters in Frankfurt, and vegan bowls with regional ingredients and protein snacks.

Neue Kräme 33, saint-charles.eu

BRÜCKEN-/WALLSTRASSE

Frankfurt's creative district

Long an insider tip, it's now well-known even beyond the city limits: Brückenstraße and Wallstraße are packed with cool designer shops offering extravagant clothing and accessories. Tucked between the shops are traditional apple-wine locales, pubs, cafes and bars, record shops and jewelry stores. Not to mention a Portuguese specialty store that offers an incredible variety of homemade Pastéis de Nata. A special event: The annual "Brückenwall" street fair held in early September.

NIMA LIEBLINGSSTÜCKE

Boundless creativity

Are you looking for a gift or something out of the ordinary? Have you been seized by a crafting urge that calls for new materials? At Nima Lieblings-stücke, you'll find just what you are looking for. This colorful, cozy shop offers all kinds of things for old and young, including jewelry and accessories, fabrics, stamps, decorations, toys, party supplies and much more. Everything is also available to order online, and can be shipped or delivered to your door if you live in Frankfurt or the surrounding area.

Koselstraße 57, nima-lieblingsstuecke.de



ULF UNVERPACKT LADEN

Plastic-free shopping made fun again

Claudia Nauth and Matthias Krämer consumed products and shopped like most people until late 2017. But at some point they couldn't live with the quantity of "normal" plastic waste and started thinking differently, reorganizing their lives and changing their shopping routines. Then came the business idea. Now there are two shops, one at the Dom (Cathedral) and one at Lokalbahnhof (the local train station), where you can "ulf" (as the store calls its unpackaged shopping) to your heart's content. You can buy organic food, care products, cleaning products, household items and practical things for when you're on the qo.

Zum Pfarrturm 5, Saalgasse 1, unverpackt-laden-frankfurt.de

FEINE EMMA

A select slow food assortment

Anette Herrmann's shop, "Feine Emma," specializes in slow food and vegetarian products from German enterprises. From Thai coriander pesto to salted caramel butter, she offers creative items to refine your cooking, to discover and enjoy. The owner is also happy to share the stories behind the products, like the one about a former musician from Halle who couldn't find any good mustard after German reunification, so he decided to create and manufacture his own.

Vogelsbergstraße 17, feine-emma.de

SUPPENGRÜN

Deliciously prepared rather than discarded

Vegan, vegetarian, sustainable – fresh soups, quiches, crisp salads, cakes and other daily specials can all be found at Suppengrün on Berger Straße. Everything is cooked and baked in-house, and the ingredients are chosen based on what is in season and available in the region. There's a special twist. which at the same time contributes to more conscious, sustainable food handling: Suppengrün also uses fruit and vegetables that might not look so nice anymore - they can no longer be sold in the adjacent produce store owned by the restaurant, but they are still quite good to eat. That keeps food waste to an absolute minimum, and guests can eniov a constantly changing menu of healthy dishes — it's simply a pleasure!

Berger Straße 26, suppengruen-frankfurt.de



DIE AUFFÜLLEREI

Regional products entirely without packaging

Recently, more and more people have fortunately started following a new retail trend: plastic-free shopping. Stores featuring unpackaged goods get right to the point, helping us create more sustainable interactions with the environment. One example is Auffüllerei, a Frankfurt-based company that now has two locations: in Bornheim and in Nordend.

Höhenstraße 40, dieauffuellerei.de

KIOSK 45

Beers from all over the world

Welcome to beer heaven! At Kiosk 45, the motto is "beer and more beer." In their 80 sqm shop, Mr. and Mrs. Sachchithanantham sell hundreds of kinds of beer from around 30 countries. The selection includes Singha beer from Thailand, Cubanero Fuerte from Cuba, Austrian Amber Ale, Bellhaven from Scotland and Hite from Korea. The kiosk on Wiesenstraße has a simply enormous selection, and they add new beers every two to four weeks.

Wiesenstraße 45, kiosk45.com



RECREATION

HAFENPARK A meeting place for sports fans

Frankfurt gained a wonderful new outdoor recreational attraction when Hafenpark opened in 2015. The four-hectare sports and recreational facility in the Ostend district is near the Main embankment and is very popular especially in the summer months. Skaters, bikers and other sports enthusiasts of all ages meet here to show off their skills. The park offers free fields and courts for soccer, volleyball, basketball and even badminton games, along with two fitness circuits with varying levels of difficulty.

Mayfahrthstraße / Honselbrücke, frankfurt-tourismus.de

PALMENGARTEN

Floral worlds

Frankfurt's Palmengarten is colorful and unique. The 22-hectare park grounds, with a large number of lovingly maintained greenhouses, showcase vegetation from various climate zones. Founded in 1868, the Palmengarten now boasts more than 18,000 plant species — 13,000 of them from tropical and subtropical regions. International exhibitions and festivals round out the offerings.

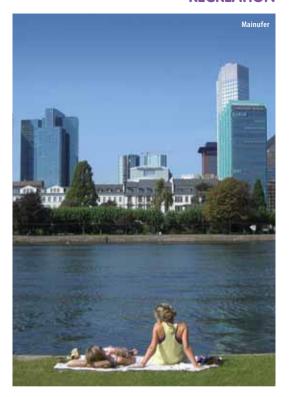
Siesmayerstraße 63, palmengarten.de



MAINUFER

The heart of the city

Both on the city side and the Sachsenhäuser side, Frankfurt's residents use the Main River promenades as a local urban recreation area and central meeting spot, an inviting place for a long stroll along the riverbank. From visiting the Nizza Garden to crossing the Eiserner Steg (iron footbridge) or taking a break on a bench to soak up the sun, visitors to the Main embankment will find plenty of variety. People who are hungry after all that relaxation can drop by the Maincafé for a snack.





BETHMANN PARK / CHINESE GARDEN

Like a phoenix from the ashes

In the early hours of June 1, 2017, the fire department was called to put out a major fire in the Chinese Garten. Unknown persons had set fire to the "Wasserpavillon des geläuterten Herzens" (water pavilion of purified souls). The garden was closed for more than two years for extensive renovations. Craftsmen came all the way from China to create a faithful reconstruction of the pavilion, using Chinese building materials and traditional techniques. The reopening was finally celebrated in October 2019, and it is once again a wonderful place to relax and unwind.

Mauerweg 8 / Friedberger Anlage, frankfurt-tourismus.de

RECREATION

GOETHETURM

The symbol of Frankfurt

In 2017, Frankfurt's famous lookout tower also fell victim to arson. There was great outrage - and it quickly became clear that most of the city's residents as well as political decision-makers wanted a faithful reconstruction of the original tower. Rebuilding work started in late 2019, and in July 2020 the new tower was complete. Three months later, a reopening ceremony was held for the 43-meter-tall structure. The popular excursion site is surrounded by a waterslide, a garden restaurant and a labyrinth, and in December there is also a small Christmas market that is very popular among Frankfurt's citizens.

Sachsenhäuser Landwehrweg 1, frankfurt-tourismus.de



GÜNTHERSBURG PARK

Urban and family-friendly

Frankfurt has many beautiful parks and local recreational areas. One of its especially inviting green spaces, and at the same time a convivial meeting point, is Günthersburg Park in the Nordend district. With its well-established trees, spacious meadows, historic buildings and sculptures, it is the perfect place to relax. The laid-back park café, the adventure playground and the "Sprühfeld" water playground round out the park's offerings for families with children.

Wetteraustraße 7, frankfurt-tourismus.de

SCHWEDLER SEE

Take a vacation (in the city)

In the middle of the Osthafen (East Harbor) district, Schwedler See offers a small, hidden natural oasis. The lake, designed more than 100 years ago as a harbor basin, initially evolved into a community pool; starting in 2004, the "LAZY" party series turned it into a hot event location for the summer months. The leaseholders changed in 2019. Since June of 2020, the new pub, "Sunny," has invited patrons to linger over a lunch menu with regional dishes and enjoy theme nights with live music. Live-Musik.

Schwedlerweg, schwedlersee-frankfurt.de

HIGH-FUNCTIONING HEROES

GUARANA

FROM BRAZIL

- stimulating and energizing
- longer-lasting effects than coffee
- additional positive health effects
- ► from one of the world's leading suppliers, Duas Rodas, with decades of experience in extracting plant-based ingredients





MATE FROM BRAZIL

- green energy for a new generation <a> of natural energy drinks
- also available in organic quality without carriers
 - completely soluble at 0.2%
- contains standardized levels of caffeine, polyphenols and theobromines, with identifiable effects



BARS & CAFES TRINKHALLE

Beyond all reason

Even if the name might suggest it, Trinkhalle is not one of Frankfurt's typical watering holes found in many corners of the city; rather, it is a cool bar with underground charm and a hip clientele. Public transportation is recommended, not just because of the many tasty drinks on offer — finding a parking spot can be tricky here.

Obermainanlage 24, trinkhalle-frankfurt.de



The cozy watering hole

Frankfurt's "Wasserhäuschen." or watering holes, better known in other parts of Germany as Trinkhallen, Büdchen, Kiosk or Späti, are an important part of the city's recreational culture. Some of these watering holes have been forced to close in recent years, while others have found new uses. One especially successful example is Fein Café, located in a green area near Konstablerwache. Within a short period of time this cozy spot has become a hip meeting place, mainly thanks to its owner, who has put a great love of detail and passion into its furnishings and decorations. It offers a range of coffee drinks and other beverages, along with delicious treats and snacks.

Peterstraße 4-6, facebook.com/feinfrankfurt/



SCHOPENHAUER

Cake, wine and tapas

The unconventional but cozily furnished Café Schopenhauer specializes in homemade coffee creations, fresh-baked cakes (including vegan options), fine tapas and selected wines. This bright corner spot with a beautiful sunny terrace just opened in August of 2020, but it has quickly become an insider tip.

Heideplatz 1, facebook.com/schopenhauercafebar



OOSTEN

Drinks and seasonal food on the Main

Multi-level Oosten on the Main riverbank is an architectural eye-catcher, with a modern industrial design that fits perfectly into the Osthafen scene with its historic harbor cranes. It consists of a restaurant, bar and lounge as well as terraces that offer a fantastic view of the Frankfurt skyline over after-work drinks. The kitchen serves soul food with seasonal, interregional and vegetarian dishes as well as changing fish dishes.

Mayfarthstraße 4, freigut-frankfurt.com/oosten-frankfurt

CAFÉ FALEYDA

Frozen yogurt & bubble waffles

Frozen yogurt with all kinds of toppings and homemade sauces, not too sweet and even with a vegan option, is not the only delicious thing on the menu at Café Faleyda. In addition to homemade waffles, cakes and crepes, the café also features an elaborate breakfast spread. People with a sweet tooth especially love Café Faleyda for its bubble waffles, which are filled with chocolate bars, whipped cream and hazelnut nougat cream along with other rich, deliciously fattening options.

Merianplatz 4, faleyda.de

BARS & CAFES



TOKYO YATAI

Japanese shaved ice

tokyo-yatai.com

Have you ever tried kakigori? It's a Japanese-style shaved ice served with homemade sauces in flavors like strawberry, matcha-azuki bean and elderberry-lemon yogurt. Three young entrepreneurs have been offering this culinary refreshment since 2020 from their food truck, which was lovingly built by hand. Walther von Cronberg Platz,

YOKYOK-KIOSKE

A cult favorite, with art

Nazim Alemedar's YokYok kiosk in the Bahnhofsviertel district has been a cult favorite for years. People love to meet up here for a beer after work. After all, the kiosk sells nearly 200 different types of beer. In 2017, Alemedar opened a second kiosk on Fahrgasse. The second YokYok serves as a cozy living room for Frankfurt's residents, featuring art, literature and music. And to keep things interesting for the guests, the program includes rotating art exhibitions as well as regular appearances by musicians and poets. It's always worth a visit!

Münchener Straße 32 & Fahrgasse 21, frankfurtsecret.de

NOX WASSERHÄUSCHEN

A new hangout in Sachsenhausen

Another example of a repurposed drinking hall is Nox Wasserhäuschen, in the heart of Sachsenhausen. Two young residents quickly turned the building into a popular neighborhood meeting spot. In addition to 18 specialty beers and apple wine, the kiosk owners also offer wine from the Rhine-Hesse region, snacks like Flammkuchen, coffee, and sweets — all of which can be enjoyed in lounge chairs when the weather is nice.

Holbeinstraße 61, nox-wasserhaeuschen.eatbu.com

MORE HIGH-FUNCTIONING HEROES

ACEROLA



FROM BRA7IL

- in powder form
- min. 17% natural Vitamin C
- natural, long-lasting health protection
- from one of the world's leading suppliers, with its own production facility located in the middle of the acerola fields





- the superfruit
- available as an extract, juice concentrate and puree
 - a rare vegan source of omega fatty acids
 - a beautiful, intense deep purple color
 - unusually high antioxidant effect



YACHTKLUB

Dropping anchor on the party boat

It just keeps floating: for years now, Yachtklub has been one of Frankfurt's most popular summer locations. It's no surprise, because this homey house-boat has a large roofed terrace, a spacious interior with a dance floor for concerts and parties, and a generous outdoor deck with lounge chairs, umbrellas and tables. In addition to cool drinks, cakes and tasty tapas, it offers a varied program of events, ranging from parties and concerts to cultural events and outdoor yoga classes.

Sachsenhäuser Ufer, Nähe Alte Brücke, yachtklub.de

DAS BETT

A live music program ranging from Krautrock to world music

Beyond the mainstream, Das Bett offers a grab bag of live music that speaks to music lovers of all stripes: Balkan sounds, soul, funk, reggae, psychedelic music, electronica, rock, indie and much more await the venue's visitors. Most weekends, the concerts are followed by DJ sets. The only drawback: its out-of-the-way location

Schmidtstraße 12, bett-club.de



BROTFABRIK

Jack-of-all-trades for culture and live events

Brotfabrik, in Frankfurt's Hausen district, is a communally managed center that houses a total of eleven projects in a 1500 sqm space. In addition to two stages, it contains a large event hall, two pubs with good food (one of them is Kp21), three psychosocial projects, an ad agency and an art studio. The program for the general public includes salsa nights, club nights, concerts and theater performances.

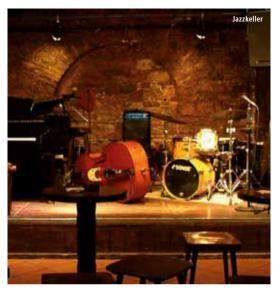
Bachmannstraße 2-4, brotfabrik.info

BATSCHKAPP

A Frankfurt legend with a new address

Batschkapp has been one of Frankfurt's most popular concert halls since 1976. Countless stars performed there before they started filling big stadiums, for instance Robbie Williams on his very first solo tour in Germany. 2013 marked a historic shift for the hall: the original building in Eschersheim was torn down, and the owners moved into a new location in the Seckbach district. Today its live event program is wide-ranging, including indie and rock music, pop, hip hop and R&B as well as large book readings

Gwinnerstraße 5, batschkapp.de



JAZZKELLER

Frankfurt's oldest jazz club

Jazzkeller is an absolute classic for fans of the genre, and it has been a favorite institution in Frankfurt since 1952. Many of the important musicians who shaped jazz music over the last few decades have played here — including Louis Armstrong, Art Blakey, Archie Shepp and Freddie Hubbard. The ambitious event calendar at this historic, world-renowned spot is always packed, with live music by national and international artists nearly every day. **Kleine Bockenheimerstraße 18a, jazzkeller.com**

DREIKÖNIGSKELLER

The real underground

Welcome to one of Frankfurt's oldest clubs. In the legendary Dreikönigskeller, music lovers meet in small, family-like groups to celebrate their niche existence in a familiar atmosphere. Whether you are a country, blues, indie, soul, reggae or rock&roll fan, the club's event calendar offers just the right thing for every non-mainstream taste.

Färberstraße 71, dreikoenigskeller.com

MUSIC SPOTS

ZOOM

Concerts ranging from hip hop to reggae to pop

A popular downtown spot is Zoom, whose rooms (formerly known as the Sinkkasten) have hosted several generations of people celebrating and dancing. The event space is divided into a stage area, dance floor and café. It offers a variety of genres: electronic music, pop, reggae, hip hop as well as rock are all on the program. In addition to the concerts, though, Zoom is also a popular gathering spot for night owls thanks to its club nights.

Brönnerstraße 5-9, zoomfrankfurt.com



FRANKFURT ART BAR

A place for creative interactions

Housed in a former print shop, Frankfurt Art Bar is a meeting place for musicians and artists to share their thoughts, ideas and knowledge with each other. At the same time, FAB is by no means an exclusive circle of elite thinkers. On the contrary — it is a place for anyone seeking a second creative home, people who are open to seeing concerts, performances, exhibitions, comedy shows and readings of all kinds.

Ziegelhüttenweg 32, frankfurtartbar.de



THE SENSORY BOMBS

PINK DRAGONFRUIT

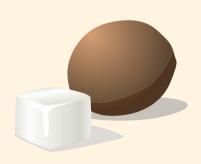
FROM VIFTNAM



- ultra-intense pink color
- good for playful, creative products
- very photogenic and therefore perfect for sharing on social media
 - makes products very <a>striking and memorable

NATA DE COCO FROM VIETNAM

- an innovation practically designed for today's nutrition trends
- small cubes that are high in fiber
- ► filling
- low-calorie
- an unexpected, pleasant texture





HOTELS

25HOURS HOTEL

The pulse of the city

Just a five-minute walk from Osthahnhof Station is the 25hours hotel "The Goldman," which sees itself as the colorful living room of the creative Ostend district. While the rooms in the eastern wing combine unique color palettes with rough New York charm, the rooms in the western wing of the hotel take a different approach. The rooms are based on different Frankfurt personalities and tell their multifaceted stories. From here it is easy to explore the newly developed east side of Frankfurt, which reaches from the former industrial quarter to the ECB headquarters – for example by bike, since 25hours offers free bike rentals. The in-house restaurant is always worth a visit - not least because of its creative cuisine, but also because of its regular funk and soul concerts.

Hanauer Landstraße 127, 25-hotels com



LINDLEY LINDENBERG

More than just a hotel

Lindley Lindenberg is also located in the eastern part of the city. It assumes that life takes place outside one's own hotel room — each of the seven floors offers various common rooms for the hotel guests to use. They include an herbal room with dozens of plants, two communal kitchens with every possible ingredient for a good meal, a fitness center and a living room with a record and book collection. After all, Lindley Lindenberg does not see itself as a hotel in the conventional sense, but as a community of guests. So it is no surprise that some guests decide to stay for several weeks or months rather than a night or two.

Frankensteiner Straße 20, Lindleystraße 17, Rückerstraße 47, das-lindenberg.de

VILLA ORANGE

Everything is organic

Frankfurt's Nordend district is home to the only eco-hotel in the Main metropolis. Villa Orange is a home away from home for those want to maintain a sustainable lifestyle during their travels as well. Villa Orange ensures 100% organic quality, not just in its food and drinks, but also in its rooms, which are outfitted with eco-friendly natural wood furniture. It goes without saying that the bed linens and towels are made from organic cotton, and that the hotel uses certified natural cosmetics and green energy. It is located very close to Berger Straße one of the most beautiful streets for an environmentally conscious stroll, with charming cafes, sweet boutiques and sustainably designed businesses.

Hebelstraße 1, villa-orange.de



MOTEL ONE

A top location for Messe visitors

For budget-conscious visitors who still insist on a good location, Motel One, in the newly developed Europaviertel district, could be just right. Haupt-bahnhof Station, Messe Frankfurt and sights like the Palmengarten are easy to access from this modern budget hotel. The bright rooms (starting at €79) are simply but elegantly furnished, with flat-screen TVs, free wifi and a desk. A breakfast buffet is available for an additional charge.

Europa-Allee 25, motel-one.com

THE NIU CHARLY

In seventh heaven

Stylish, cool and urban — the niu Charly, which opened in 2019, welcomes you with a mix of purist skyscraper design and characteristic Frankfurt charm. the niu Charly is located in the middle of the lively Bahnhofsviertel district, and it's an ideal starting point for your next business trip or city vacation. The 189 rooms are furnished in modern Scandi chic, with smart TVs, USB ports, Teufel Boomster radios and wifi. The rooftop bar is a great place to enjoy a glass of apple wine with a gorgeous skyline view. You'll feel like you're in seventh heaven...

Niddastraße 60-62, the.niu.de

HOTELS HOTELS



KLEINE VILLA

Accommodations for a good cause

Liza Minelli, Marlon Brando, Burt Reynolds, Jane Fonda and Burt Lancaster - those are the names of the five lovingly decorated rooms at Kleine Villa hotel. Guests spend the night in a historic, fully renovated half-timbered house built in 1894. This former gatehouse is slightly outside the city center, in the Niederrad district, but it has wonderful relaxation and recreation options for its quests. A small park belonging to the hotel invites visitors to stroll and linger. Wifi and parking are free of charge. When you stay in this little villa, you are also supporting a good cause: €10 of each overnight fee is donated to the neighboring center for severely disabled persons.

Schwarzwaldstraße 162, kleine-villa-frankfurt.de

JUMEIRAH

Central and luxurious

Near the Alte Oper (Old Opera House) and the new Old Town is Jumeirah, a 25-story luxury hotel with a total of 218 rooms (including 63 suites) and an impressive view of the Frankfurt skyline. After a long day at Messe Frankfurt, the generous spa facility, with its two saunas and five treatment rooms, is the perfect place to relax. Guests looking for more vigorous exercise can take advantage of free admission to the neighboring gym, Fitness First MyZeil. And lovers of culinary delicacies have not been forgotten the hotel houses two restaurants. Max on One (French with an Asian influence) and El Rayyan (Lebanese) as well as Ember Bar & Lounge.

Thurn-und-Taxis-Platz 2, iumeirah.com



STEIGENBERGER FRANKFURTER HOF

The downtown classic

Anyone seeking tradition and elegance in their hotel accommodations will be very pleased with Steigenberger Frankfurter Hof. The hotel's history goes back to 1876. It is centrally located, and offers guests stylishly appointed rooms and suites with separate living and dining rooms, a fireplace and/or whirlpool bath. Additional highlights are the French restaurant, a private cigar lounge, a spa area and a fitness center.

Bleichstraße 64, steigenberger.com/frankfurt

THE PURE

The designer hotel

The Pure is a great starting point for exploring the hip neighborhood around Hauptbahnhof Station. The Pure lives up to its name — with elegant, all-white designer furnishings, clean lines, a revitalizing lighting concept in the rooms, and comprehensive services. The generous rooms have free wifi, a Marshall Bluetooth speaker and air conditioning. The spa facility, lounge and bar combine comfort, pleasure and extravagance. The breakfast buffet is included in the room rate.

Niddastraße 86, the-pure.de

FLEMING'S HOTEL

Deluxe accommodations

Fleming's Selection Hotel is centrally located in downtown Frankfurt. From here it is a short walk to the Zeil shopping district, the stock exchange, the banking quarter and the Römer building. Special highlights include the Paternoster elevator and the LuglnsLand restaurant on the 8th floor. A sunset drink at the rooftop bar is especially recommended — with a perfect view out over the "Mainhattan" skyline.

Bleichstraße 64-66, flemings-hotels.de

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